

OAAF Virtual Program 2020-21

WEDNESDAYS 12:00 PM - 3:00 PM

1. Introduction to Essential F/ACT Principles and Practices

Target audience: New ACT and FACT staff working on a team for less than 2 years. (More experienced staff wanting a refresher course in basic ACT & FACT best practices are also most welcome.)

Course Directors: Roger Renaud, Stephanie Robinson, Lisa Appleby

Four 3 hour sessions via Zoom.

Dates: Oct 14, 28 & Nov 11, 25 (2020)

Time: Wednesdays 12:00 PM - 3:00 PM

Cost: Free for staff on OAAF member teams. (\$100 per person for non-members).

Note: This course will be repeated annually.

It will be presented again on Sept 15, 22, 29 & Oct 6 (2021)

Check course # 7 on the registration form to register for the repeat course.

2. Mental Health Law Review

Target audience: All F/ACT staff

Course Director: Michael Bay JD

Three 3 hour sessions via Zoom.

Dates: Oct 21, Nov 4 & 18 (2020)

Time: Wednesdays 12:00 PM - 3:00 PM

Cost: Free for staff on OAAF member teams. (\$100 per person for non-members).

3. Risk Management for Dangerous & Justice Involved Clients

Target audience: All F/ACT staff

Course Directors: Lisa Appleby, Anita Bloemen, John Maher, Jennifer Julian

Three 3 hour sessions via Zoom.

Dates: Dec 2, 9, 16 (2020)

Wednesdays 12:00 PM - 3:00 PM

Cost: Free for staff on OAAF member teams. (\$100 per person for non-members).

4. Peer Specialist Role & Training

Target audience: All Peer Specialists

Course Directors: Ravi Sarin, Diane Versace

Three 3 hour sessions via Zoom.

Dates: Jan 13, 20, 27 (2021)

Time: Wednesdays 12:00 PM - 3:00 PM

Cost: Free for staff on OAAF member teams. (\$100 per person for non-members).

5. CBT for Psychosis

Target audience: Team members providing CBT for psychosis
(psychiatrists, nurses, social workers, occupational therapists)

Course Director: Nicola Wright PhD

Six 3 hour sessions via Zoom.

Dates: Feb 3,10,17, 24 & March 3,10 (2021)

Time: Wednesdays 12:00 PM - 3:00 PM

Cost: Free for staff on OAAF member teams. (\$100 per person for non-members).

6. OAAF Virtual Conference 2021

March 17, 2021 to June 30, 2021 via Zoom

As a result of COVID-19, the in-person OAAF conference that was rescheduled from September 2020 is now being converted to an entirely virtual program that runs from March 17, 2021 to June 30, 2021 via Zoom (16 weeks).

Every Wednesday from 12:00 PM - 3:00 PM there will be two or three presentations (1.5 hour workshops, 1 hour talks).

Presentation topics will, when possible, be grouped in sequences that reflect discipline specific interests (e.g. nursing issues presented on the same day).

There will be one keynote speaker presenting each month.

Cost: Free for all staff on OAAF member teams.
(\$300 per person for non-members).

Program will be available in February 2021.

7. Introduction to Essential F/ACT Principles and Practices (repeat course)

Target audience: New ACT and FACT staff working on a team for less than 2 years. (More experienced staff wanting a refresher course in basic ACT & FACT best practices are also most welcome.)

Course Directors: Roger Renaud, Stephanie Robinson, Lisa Appleby

Four 3 hour sessions via Zoom.

Dates: Sept 15, 22, 29 & Oct 6 (2021)

Time: Wednesdays 12:00 PM - 3:00 PM

Cost: Free for staff on OAAF member teams. (\$100 per person for non-members).

8. Flexible ACT (FACT): What is it? How to start a team?

Target audience: Interested F/ACT staff and Team Leaders/Managers

Course Directors: Stephanie Robinson, Lisa Appleby, Vince Carruthers

One 3 hour session via Zoom.

Date: Oct 13 (2021)

Wednesday 12:00 PM - 3:00 PM

Cost: Free for staff on OAAF member teams. (\$100 per person for non-members).

9. Discipline Specific Workshops: October – December 2021

Cost: Free for all staff

Wednesdays 12:00 PM - 3:00 PM

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|-------|--------------------------|--------------|
| i) | Case Workers: | Oct 20, 2021 |
| ii) | Team Leaders/Managers: | Oct 27, 2021 |
| iii) | Nurses: | Nov 3, 2021 |
| iv) | Occupational Therapists: | Nov 10, 2021 |
| v) | Peer Specialists: | Nov 17, 2021 |
| vi) | Psychiatrists: | Nov 24, 2021 |
| vii) | Social Workers: | Dec 1, 2021 |
| viii) | Voc/Rec Specialists: | Dec 8, 2021 |
| ix) | Addictions Specialists: | Dec 15, 2021 |

OAAF Virtual Education/Conference Registration Form

Pre-registration is required for all participants.

Name: _____

Team name: _____

Team city: _____

ACT Staff _____ FACT Staff _____

Email address: _____

(your Zoom link will be sent to this email address)

The courses and conference are free for OAAF members. The discipline specific workshops are free for all.

Check all that you will be attending:

1. Intro to Essential F/ACT Principles and Practices _____
2. Mental Health Law Review _____
3. Risk Management for Dangerous & Justice Involved Clients _____
4. Peer Specialist Role & Training _____
5. CBT for Psychosis _____
6. OAAF Conference _____
7. Intro to Essential F/ACT Principles and Practices (repeat) _____
8. Flexible ACT (FACT): What is it? How to start a team? _____
9. Discipline Specific Workshops: _____

Case Workers: Oct 20, 2021 _____

Team Leaders/Managers: Oct 27, 2021 _____

Nurses: Nov 3, 2021 _____

Occupational Therapists: Nov 10, 2021 _____

Peer Specialists: Nov 17, 2021 _____

Psychiatrists: Nov 24, 2021 _____

Social Workers: Dec 1, 2021 _____

Voc/Rec Specialists: Dec 8, 2021 _____

Addictions Specialists: Dec 15, 2021 _____

Please email completed form: wblack@cmhastarttalking.ca

(If your team is not an OAAF member team the cost is \$100 per person, per course, and the conference cost is \$300 per person.) My team is not a member. I am mailing a cheque for \$_____ to: Wendy Black, 65 McDougall Dr., Barrie, ON L4N 7H6
Please make cheque payable to the: **Ontario Association for ACT & FACT**