

---

# GLEE CLUB

Supportive Housing In Peel  
(SHIP)



# History

---

- Two Summer Students who were given a Developmental Opportunity to work within SHIPs ACTeams shadowing professionals in their designated professions
- We decided as a thank you for having them for the summer and their incredible experience that they would perform a song for the Management Team

- 
- 
- ❑ They performed “I GOT A FEELING” by the Black Eyed Peas and changed the words to thank the Management Team and SHIP personnel
  - ❑ A few weeks later we had a Manager’s Retreat and we reflected back on the response of that performance

# Manager's Retreat

---

- ❑ We had a Manager's retreat in the Muskoka's in September of 2009
- ❑ All fourteen Managers and Executives had to stay together in a cabin for two nights
- ❑ Before the Retreat, for team building purposes we asked each Manager and Executive to choose their three favorite songs
- ❑ Only one person who organized the music for the event knew which songs belong to which person



# Manager's Retreat

---

- ❑ We would all sit around a table and we would have to match whose song belonged to which manager
- ❑ It was so much fun to see reactions of people and then manager's were able to share what was it in that song that made it feel so special for them
- ❑ Many reflections were made and inspirational parts of personalities came out



# Manager's Retreat

---

- We then decided to have another team building exercise one evening where we were placed in groups of four and had to change the words to the song "WE ARE FAMILY" by Sister Sledge to reflect SHIP and its mission
- We can't share that video with you due to privacy reasons but it was one of the best team building exercises ever

# Development of Glee Club

---

- ❑ We then did the three favorite songs exercise with the ACTeams members
- ❑ At that point we realized the power of music and the positivity that it produced so we had the clients do the same
- ❑ This led to the formation of Glee Club where staff members, clients and family members get together and practice and perform



# Performances

---

- ❑ Glee Club now performs each year at the Annual General Meeting for SHIP
- ❑ The Board of Directors supports GLEE CLUB!!
- ❑ The group auditioned for GLOBAL'S CANADA SINGS
- ❑ We were not chosen but participated in the live taping



# Performances

---

- ❑ Performed at SHIP's Festive party and for United Way events
- ❑ Now two ACT Clinicians run a biweekly group and prepare for performances
- ❑ Team building and music prevents burnout

The highlight of  
my career!!!!

